

Greater New York Dietetic Association presents The 76th Annual Mary Swartz Rose Memorial Lecture

Featuring David L. Katz MD MPH FACPM FACP FACLM

Knowing What to Eat: Refusing to Swallow it

Thursday, May 5th, 2016
5:30 PM - 8:30 PM

Location:

Mount Sinai Medical Center, Hatch Auditorium
1468 Madison Avenue, at 101st Street
Guggenheim Pavilion, 2nd Floor
New York, NY



Greater New York Dietetic Association

Speaker:

Dr. David L. Katz is the founding director (1998) of Yale University's Yale-Griffin Prevention Research Center, and current President of the American College of Lifestyle Medicine. He is recognized globally for expertise in nutrition, weight management and the prevention of chronic disease.

Lecture will address:

This talk will look closely at the body of evidence relating dietary pattern and human health. Endless debate about the details of optimal diets, and an insatiable pop culture fascination with scapegoats and silver bullets – distract us from the well-known fundamentals of healthful eating. The discussion will cover some of the most salient controversies about diet and health, and will demonstrate that past the din and discord, there is an evidence-based, consensus-based set of reliable principles we know full well- but can't get people to swallow. Solutions to this problem will be proposed.

Registration Fees:

\$40 - GNYDA Members / \$85 - Non-GNYDA Members*

\$30 - GNYDA Student Members (with valid ID) / \$60 - Non-GNYDA Students**

\$40 - LIDA/WRDA Members***

*non-member pricing includes 2016-2017 membership dues (must be an AND member to be eligible for GNYDA membership)

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***Please contact rachelinstahl@gmail.com for discount code

Register here: <http://gnyda.org/Public/Events.aspx>

1.5 CPE Credits have been granted from the Commission on Dietetic Registration